



# Davis Affordable Professional Counseling

Dezaree Finch, Master of Science in Marriage, Family, and Child Counseling  
Licensed Marriage and Family Therapist, 86256  
Office: 1260 Lake Blvd., Suite 201, Davis, Ca 95616  
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Previous Counseling: (Who? When? How long? Outcome?): \_\_\_\_\_

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What culture(s), ethnicity, and/or heritage do you associate with?: \_\_\_\_\_

What is the highest grade you completed?: \_\_\_\_\_

Do you have any religious and/or spiritual beliefs?: \_\_\_\_\_

How much sleep do you average per night?: \_\_\_\_\_ Do you feel tired after being awake for 30 minutes? \_\_\_\_\_

Do you intake caffeine? How often? \_\_\_\_\_

What does your exercise habits look like?: \_\_\_\_\_

When was the last time you had medical exam that included bloodwork? What were the results? \_\_\_\_\_

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Does anyone in your family have any known mental health challenges? Any treatment?: \_\_\_\_\_

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Have you or anyone in your family ever used any kinds of drugs, including alcohol?: \_\_\_\_\_

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Any current use by you or your significant other?: \_\_\_\_\_

What was your relationship like with your family growing up?: \_\_\_\_\_

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Was there any violence: physical, emotional, sexual, and psychological abuse that has happened with you or anyone else in your family?: \_\_\_\_\_

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Have you or anyone in your family attempted to kill themselves or harm themselves in anyway? Any current thoughts of suicide?: \_\_\_\_\_

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Have you been in any situation that resulted in your arrest or conviction for a crime?: \_\_\_\_\_

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Do you see or hear things that other people do not see or hear?: \_\_\_\_\_

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Has there been any type of cheating in this relationship? If yes, by who?: \_\_\_\_\_

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Has there been any violence in this relationship? If yes, by who?: \_\_\_\_\_

Any current violence? \_\_\_\_\_